## Saint Paul's Fayetteville July 21 – 22, 2017

A time of reflection upon patterns in parish life and conversation about which we may want to strengthen and those that call for change.

To develop a core of parishioners that will engage the transition process with some awareness of deeper and often hidden dynamics in parish life.

This process of reflection will take place prior to any work beginning on the search process itself. We want to keep the two processes separate in time and leadership. We will not be making any decisions about parish life or the transition process. This is an opportunity for reflection.

In the Fourth Gospel, the strange word "Paraclete" enters the Christian vocabulary as the best available term for this experience of the Spirit of God acting within our lives. Our nearest meaning for "Paraclete" seems to be, "One who is called to stand alongside us," or stands by us to give us support. So we are given the marvelous vision of the infinite Divine Charity, Giver of all life, ever standing alongside our small deriver spirits in their efforts and struggles.

-Evelyn Underhill, The School of Charity

# The hidden structures, processes, and dynamics of the parish church

If most people were asked about the structures, processes and dynamics of their parish it's likely that the response would include comments about the vestry and rector, the annual meeting, how the pledging effort is carried out, and possibly a few words on issues the parish faces and matters about which people are in disagreement. It would all be true in as much as the person had knowledge about these things.

True but incomplete and shallow. It's as though they were describing an iceberg by pointing to the  $1/8^{th}$  that is above the water line. What about the other  $7/8^{th}$ ?

This section is about the part of a parish that is unseen and unacknowledged in our conventional descriptions of our parish church.

We're offering a few images that point to that larger and Spirit driven aspect of our shared life.

Each theological image is something that is true about the parish church as it now is. It's not something we need to create or make happen. It is the work of the Spirit in the church. It is as Underhill puts it, the efforts of "one who is called to stand alongside us." Our task is to give ourselves to it. To listen and reflect so we might see and cooperate with what the Holy Spirit offers us. We are to place ourselves and the parish in the pathways of grace.

## Renewed in baptismal identity and purpose and living as instruments of God's love and grace in daily life

This is what the parish church exists to do in the lives of its members. It's an oscillation cycle—moving between Renewal and Apostolate—and hints at the importance of that movement and the critical interrelationship of the two ends of the cycle. When breathing, we don't select *either* inhaling *or* exhalation. We recognize that the two actions are part of an entire cycle fundamental to the ongoing life of the organism. So, we participate in the Sunday Eucharist and we return to work, family and friends, and our life as citizens and neighbors. We join in the parish's Daily Evening Prayer and we then we go home to dinner or spend time with friends or go to work.

### "An energy not its own"

That phrase is from Charles Williams in *He Came Down from Heaven*. Williams wrote, "The Church (it was early decided) was not an organization of sinless men but of sinful, not a union of adepts but of less than neophytes, not illuminati but of those that sat in darkness. Nevertheless, it carried within it an energy not its own, and it knew what it believed about that energy."

The Holy Spirit dwells in and guides the parish; a microcosm of the Holy Catholic Church. Because of this "energy not its own" the parish is sanctified and holy.

#### "Power from the center pervades the whole"

In *Light the Dark Streets*, Kilmer Myers wrote, "One of the main tasks of the parish priest is to train the militant core of his parishioners in such a way that they understand as fully as possible the true nature of a Christian parish." He understood the importance of that core group. There need to be people of Apostolic faith at the center of each parish.

The process is one of immersion not possession. The parish is a community in which the baptized are soaked in the ways of holiness; and being so saturated, the Spirit's ways fill us, and seep into and pervade our lives.

The prayer and lives of the Apostolic—those at the center—streams outward, flowing through the parish, touching members in seen and unseen ways.

#### "The stream of redemptive power flows out"

How is it that the parish influences society? How does the parish have an impact upon the daily lives of men and women?

This principle of things flowing from a source was picked up by William Temple and applied to the church's impact on society—"the stream of redemptive power flows out from the church through the lives of its members into the society which they influence." (What Christians Stand for in the Secular World)

#### *Grounded in awe and adoration*

When we understand our parishes as microcosms of the Body of the Christ, we also tend to ground our worship and community life more and more consciously in what Evelyn Underhill described as "awe and adoration." This is in contrast to a grounding in programs or, frequently, a stated "missional" or "service" orientation that actually focuses the parish on institutional responses to institutionally-identified needs. A stance of adoration and awe is, by definition, directed toward the divine. The difference in stance—and in action that emerges from the stance—is radical and can also be difficult to see.

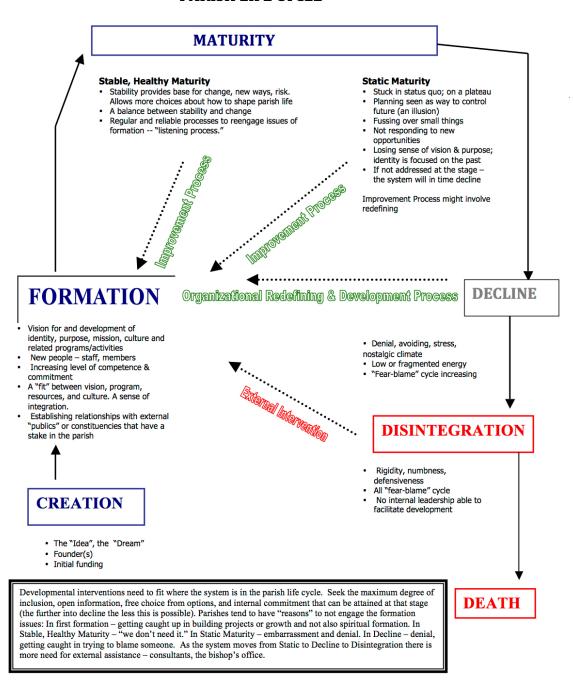
As we are formed in Christ, so we become Christ to the world. If the formation is shaky or poorly-developed, the service that grows out of it may also be shaky or poorly-developed:

One's first duty is adoration, and one's second duty is awe and only one's

third duty is service. And that for those three things and nothing else, addressed to God and no one else, you and I and all other countless human creatures evolved upon the surface of this planet were created. We observe then that two of the three things for which our souls were made are matters of attitude, of relation: adoration and awe. Unless these two are right, the last of the triad, service, won't be right. Unless the whole of your...life is a movement of praise and adoration, unless it is instinct with awe, the work which the life produces won't be much good.

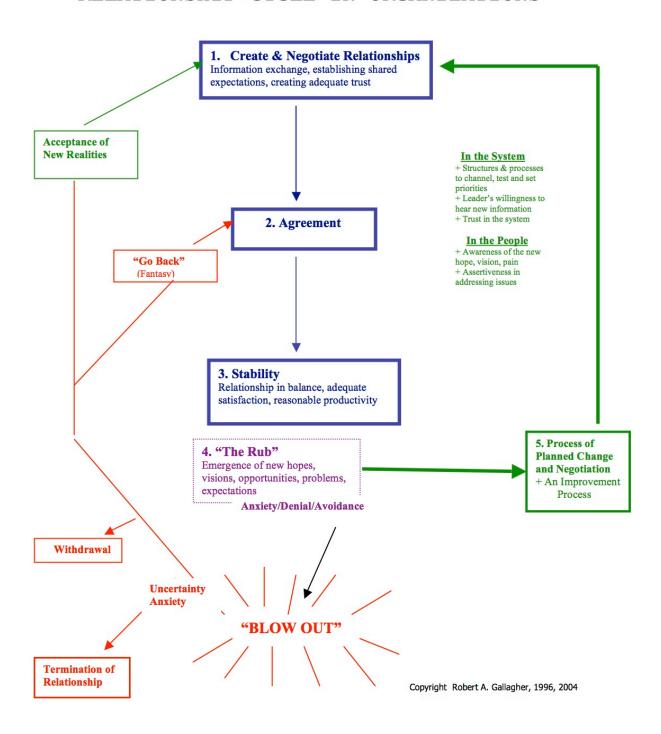
Evelyn Underhill wrote this in 1926: "We are drifting towards a religion which consciously or unconsciously keeps its eye on humanity rather than on Deity—which lays all stress on service, and hardly any of the stress on awe: and that is a type of religion which in practice does not wear well." (Concerning the Inner Life, p 15)

#### PARISH LIFE CYCLE

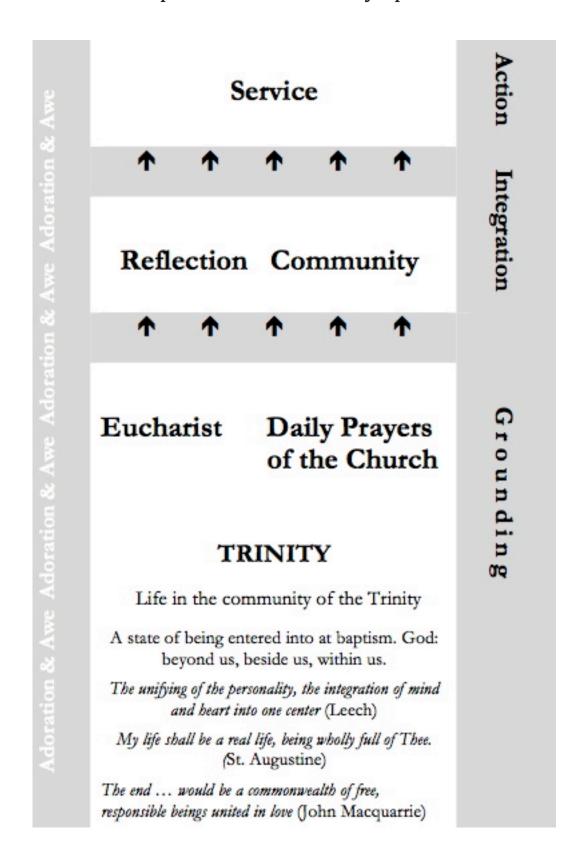


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#### RELATIONSHIP CYCLE IN ORGANIZATIONS



## An ascetical pattern: In Your Holy Spirit



We're making use of a pattern we suggested in the In Your Holy Spirit books. There are other Anglican patterns that could be used with good effect. The key here is that the pattern or map being used be

- 1. Of the Anglican tradition so the density of the parish is enhanced.
- 2. An integrated system rather than a list of important considerations or activities.

The In Your Holy Spirit pattern contains five core spiritual practices.

At the base are two: one weekly, the Holy Eucharist and one daily, the Daily Office. The pattern is one that Christians share with the Jewish and Islamic traditions. In these practices we adore God and connect ourselves to the communion of saints. All the other elements of this pattern - our life in community, our reflection, and our service are nurtured from the soil of Office and Eucharist. The daily connection with Scripture and common prayer and the weekly receiving of Body and Blood orient us to the ways of eternity and feed us for "real life."

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There are two more practices – Community and Reflection -- standing upon the base of Mass and Office. Community is something we know as local and national. It calls us to civic and patriotic duty. It is also our belief and participation in the communion of saints and that made most tangible as we live with others in the parish church. The particular, imperfect communities of parish and friendships are there so we might be humble, be in relationship, and allow them to nurture and influence us. Reflection includes developing our capacity to be silent and still, to prayerfully engage the Scriptures and spiritual writings, and to learn from our experience. Reflection is about connecting our life to the life of God.

Rising from the "ground" of Eucharist and Daily Office – reflection and community -- serve to integrate life. The weekly practice of Eucharist, along with the daily practice of Office, familiarize us with the ways of heaven. Abraham Heschel saw worship as "a way of seeing the world in the light of God."

Community and reflection are part of what makes life whole. What we have become acclimated to in worship, the habits of good liturgy (listening, engagement, patience) shape our contemplation and are enfleshed in our life with others. The habits of prayer become the habits of the heart.

The fifth element is service. We are all called to serve in ways that fit our gifts and temperament. That service may be most fruitful, for others and us, when it sits upon the

base of the other four spiritual practices. That relationship was seen by Evelyn Underhill:

One's first duty is adoration, and one's second duty is awe and only one's third duty is service. And that for those three things and nothing else, addressed to God and no one else, you and I and all other countless human creatures evolved upon the surface of this planet were created. We observe then that two of the three things for which our souls were made are matters of attitude, of relation: adoration and awe. Unless these two are right, the last of the triad, service, won't be right. Unless the whole of your...life is a movement of praise and adoration, unless it is instinct with awe, the work which the life produces won't be much good.

No one gets spiritual practices perfectly right. That's for at least two reasons: First, we are limited both by our amazing and persistent capacity to screw up life and by simple human frailty. Second, we change, and our world changes. What served us well ten years ago may no longer serve us.

Saints are developed in all sorts of parish churches. Five star parishes produce saints and so do two star parishes. In some parishes we can see how it happens and in others we are left amazed at God's patience and graciousness.

The broad elements

Here are the broad elements of the In Your Holy Spirit spiritual map:

Weekly Practice: Holy Eucharist

A Sunday celebration that "sweeps us off our feet." Also celebrated other times each week as to allow people with a variety of schedules to find one that might serve as their weekly spiritual practice.

Daily Practice: The Daily Prayers of the Church

There are two things to do here. The first is to equip and support parishioners in saying the Daily Prayer of the Church on their own in the course of daily life. The second is to have a public Daily Office at the church on most days of the week.

#### Reflection

There are two primary acts for the parish to take. One is to offer members assistance in identifying and maintaining ways of being reflective. The second is for the parish itself to engage in reflective processes, ways of listening to and learning from its own life as a community. The beginning place for this is to create an environment with significant space for stillness and silence.

#### Parish Community

The parish needs to provide opportunities for social life among parishioners and create an environment in which they may find and live what Augustine called a "real life," a life in which they might be genuine, be open and honest about themselves, and still be in deep relationship with others and God. This is a community where our differences can be expressed and will be accepted. In which we can fight with those we love without fearing the loss of the relationship.

#### Serve

The parish can hold in front of its members the moral vision of Christian Faith. The primary place, the most effective place, of service for the Christian is in his or her daily life. We serve within our friendships, families, work, and civic life. The parish can help members identify how they serve, how they may better serve, and the gifts each brings to that task. The parish can also have at least one service ministry that is done as a parish. This is a call to a wise and generous love.

In Your Holy Spirit: Traditional Practices in Today's Christian Life, Michelle Heyne and In Your Holy Spirit: Shaping the Parish Through Spiritual Practice, Robert Gallagher. Both 2013, Ascension Press

### Assessing the Parish's Spiritual Practices

#### A. Your Attendance at the Sunday Eucharist (circle one)

About 1/4 of the time	Half the time	¾ of the time	Just about every
			Sunday

#### **B. Your Spiritual Discipline**—I have a spiritual disciple grounded in the church's tradition

No				Very much so
1	2	3	4.	5

#### **OVERALL**

## **1. The degree of awareness** of spiritual practices **and proficiency** among regular attendees (circle one)

No idea	15% of the adult	40% of the adult	80% of the adult
	average Sunday	average Sunday	average Sunday
	attendees are aware	attendees are aware	attendees are aware
	of the core spiritual	of the core spiritual	of the core spiritual
	practices and few are	practices and 5% are	practices and 30%
	proficient	proficient	are proficient

#### **SUNDAY EUCHARIST**

#### 2. Members' ability to participate

Most are			A critical			
frequently		mass of				
confused an	ıd	people "flow"				
uncertain		with it. Mostly				
about how t	ow to don't need a					
participate.	pate. Prayer Book					
	or leaflet.					
1	2	3	4	5		

#### 3. Congregation or audience

n	We are a				
9	congregation—				
	competent in the				
	liturgy. There				
ng	are no				
	instructions				
	during the				
	Eucharist.				
2	3	4	5		
	ng	ng	congr comp liturg ng are no instru during Eucha		

**4. Competence of liturgical assistants**—We effectively equip those with a special role in the celebration, e.g., cantor, lector, ministers of the altar, acolyte.

We do a poor job			Done well	
1	2	3	4	5

**5. Liturgical presence of the presiding priest**—A sacramental presence. The person and the role are held together. The priest's personality doesn't overwhelm the role; the role doesn't make the personality disappear. Graceful, attentive.

Awful			Ι	Oone well
1	2	3	4	5

**6. The liturgy is usually well done.** It has the structure, climate and rhythm of Apostolic faith. It requires some competence. It has the potential to catch people up in something beyond themselves; to feed wonder and awe. The congregation knows how to participate without prompting.

Not at all			Ve	ry much so
1	2	3	4	5

**7.** The **preaching** usually has a good pace, style, sense of ease, and length. It connects the tradition with life. There is an authenticity about the preacher and what is said.

Not at all			Ve	ry much so
1	2	3	4	5

**8.** The **Liturgical Space** is graceful, not cluttered; is beautiful; fits the congregation's size and style of worship. Those serving at the altar can move about without awkwardness.

Not at all			Ve	ry much so		
	1	2	3	4	5	1

**9.** The Holy Eucharist is celebrated on **enough occasions**, at times each week as to allow people with a variety of schedules to find one that might serve as their weekly spiritual practice.

Not at all			Ve	ry much so
1	2	3	4	5

#### PARTICIPATING IN THE DAILY PRAYERS OF THE CHURCH

10. The parish offers a public form of the Daily Office

Never	Sporadically or at during	A few days each week	Most days of
	some season(s) of the		the week
	church year		

**11.** Those **participating in officiating** at the parish's public offering of the Daily Office are:

There is no		Both clergy and				
public		lay members				
offering of		officiate on a				
the Office	the Office regular basis					
1	2	3	4	5		

**12.** The **parish equips and supports** parishioners in saying the Daily Prayer of the Church on their own in the course of daily life by offering training and guidance.

Not at all			Regul	ar and
		frequ	ent training	
	and guidance a			uidance are
provided			ded	
1	2	3	4	5

**13.** 15 – 20% of those regularly attending a weekly Eucharist **say the Office in some form.** 

Few or			At le	ast that
none in the many				
parish say				
the Office				
1	2	3	4	5

#### DISCIPLINED WAYS OF REFLECTING

**14.** The **parish provides members assistance** in identifying and maintaining ways of being reflective.

Not at all			I	Regularly
1	2	3	4	5

**15.** The parish **engages in reflective processes**, ways of listening to and learning from its own life as a community.

Not at all				Regularly		
	1	2	3	4	5	

**16.** The parish's reflective processes have helped it **become more flexible and adaptive.** 

Not at all				ery much
			SC	)
1	2	3	4	5

#### PARTICIPATING IN THE PARISH COMMUNITY

**17. This is a parish community** in which people are free to be themselves; to speak and listen fully and authentically. In which differences are accepted (we can fight with those we love). In which we can make decisions and solve the problems we face.

Not at all				Very much
				so
1	2	3	4	5

#### 18. Connection with people.

Most don't			attendees
know anyone			know a
well		number of people	
		and hav	e a few
		friends	in the
		parish	
2	3	4	5
	2		ne usually number and hav friends parish

**19. Participation in parish social life** is easy for members to engage. The climate is one of acceptance whether you participate or not.

Not at all			Very much	
				SO .
1	2	3	4	5

#### **S**ERVICE

**20. Service in Daily Life** (within our friendships, families, work, and civic life):

Few have a clear Most regula						
understan	<u> </u>					
of how the	y	very clear				
serve in daily about service				ıt service		
life in daily life				aily life		
1	2	3	4	5		

**21. As a parish community** we have a form of serving beyond the parish's needs that is **sustainable and in proportion** to what we can manage.

We are	It's ε	easily				
overwheln	ned	managed				
by it						
1	2	3	4	5		

**22.** Our parish's corporate service ministry **fits our gifts** as a parish.

Not a fit				Fits us
1	2	3	4	5

#### The Process of Change

The parish can also model an approach to change or experimentation and learning from experience. It can teach methods that allow people to face change

**23. An adult foundations course** is offered regularly and frequently in the parish.

Never		Regular &				
			frequent			
1	2	3	4	5		

**24.** The parish has a climate and an approach to the spiritual life that encourages **experimentation** *and* **the engagement** of the tradition.

Not the case	9	Very much so		
1	2	3	4	5

Assessment form from - and *In Your Holy Spirit: Shaping the Parish Through Spiritual Practice*, Robert Gallagher. 2013, Ascension Press

#### The Benedictine Promise

The three elements of the Benedictine Promise, and the whole of Benedictine spirituality, can help us see some of the hidden dynamics of parish life.

**CONVERSTION OF LIFE** As a parish we find God on our journey together and in the new places we will go as a parish; in losing life to find life; in our openness to transformation.



**STABILITY** As a parish we find God here and now in the relationships and pattern of our life together.

**OBEDIENCE** As a parish we find God as we listen deeply to the world; to Scriptures; to the church, now and through the ages; to each other; to the creation; and to the deepest longings and prayer of our heart.

Benedictine spirituality is part of our Anglican DNA. It's the way of the Prayer Book and is embedded in much of the way we function as parish communities. We can make use of it in the work of congregational development: 1) as a way to see and enter into the depth of our own culture as Episcopalians and 2) because it is the spirituality of particular communities that have developed a capacity, over time, to maintain their integrity while renewing themselves in adaptation to the environment.

#### Look at the dynamics of parish life

You might think in terms of the whole parish or of a specific event or experience.

- What is the predisposition you see in the parish's behavior toward stability, change, or listening processes? Which direction do we generally tilt towards? Which is our anxiety often focused upon?
- In the parish's expression of stability, conversion of life, and obedience what seems healthy to you, what unhealthy? Is the stability simply being static? Is the conversion simply being driven by an impulse to change? Is the obedience endless listening and process or too little listening?

Develop a parish culture that is marked by: *Stability* – Especially seen in Liturgy, prayer and relationships.

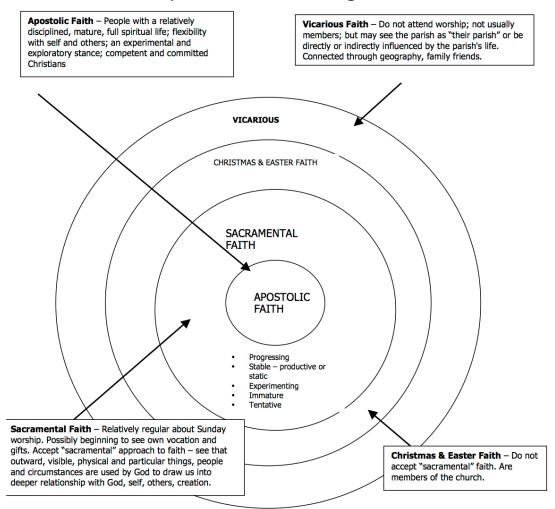
**Obedience** – Seen in our openness to listen to, and respond to, one another, our bishop and the larger church.

**Conversion of Life** – Out of our life of stability or obedience we see and act on new challenges and opportunities for mission and building up the Body of Christ.

Copyright Robert A. Gallagher, 1987, 1997, 2002, 2003 For more on the model see Robert Gallagher's *Fill All Things: The Dynamics of Spirituality in the Parish Church*, Ascension Press, 2008 How are we doing in developing a parish culture that is marked by:

<b>Stability</b> – Especially seen in Liturgy, prayer and	Very Weak			Very	Very Strong	
relationships.	1	2	3	4	5	6
<i>Obedience</i> – Seen in our openness to listen to, and	Very Weak				Very Strong	
respond to, one another, our bishop and the larger church.	1	2	3	4	5	6
<b>Conversion of Life</b> – Out of our life of stability or	Very \	Weak			Very	Strong
obedience we see and act on new challenges and opportunities for mission and building up the Body of Christ.	1	2	3	4	5	6

### The Shape of the Parish: A Diagram Overview



The model can be used:

- · To assess the health of a parish, and
- In developing a strategy that deepens the parish's spiritual life, while staying open the various places people are in their faith journey.

Copyright "Shape of the Parish" Diagram -- Robert A. Gallagher/Mary Anne Mann, 1983; Revised RAG 1999, 2003 For more on the model see Robert Gallagher's *Fill All Things: The Dynamics of Spirituality in the Parish Church*, Ascension Press, 2008

## The Daily Office



The real significance of the Divine Office is that in its recitation the individual or group enters the ancient cycle of prayer, by which day by day and hour by hour the church in the name of all creation adores and implores the eternal God. -Evelyn Underhill

## An Order for Compline

We begin in silence.

Officiant: The Lord grant us a peaceful night and a perfect end. Amen.

Our help is in the name of the Lord. *The maker of heaven and earth.* 



Officiant Let us confess our sins to God

Almighty God, our heavenly Father:
We have sinned against you,
through our own fault,
in thought, and word, and deed,
and in what we have left undone.
For the sake of your Son our Lord Jesus Christ,
forgive us all our offenses;
and grant that we may serve you
in newness of life,
to the glory of your Name. Amen.

Officiant

May the Almighty God grant us forgiveness of all our sins, and the grace and comfort of the Holy Spirit. *Amen.* 

O God make speed to save us. O Lord make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Except in Lent, add Alleluia.

#### A Psalm

+Beginning on the side of the Officiant +A distinct pause is made at the asterisk

#### Psalm 4 Cum invocarem

- 1 Answer me when I call, O God, defender of my cause; \* you set me free when I am hard-pressed; have mercy on me and hear my prayer.
- 2 "You mortals, how long will you dishonor my glory; \* how long will you worship dumb idols and run after false gods?"
- 3 Know that the LORD does wonders for the faithful; \* when I call upon the LORD, he will hear me.
- 4 Tremble, then, and do not sin; \* speak to your heart in silence upon your bed.

- 5 Offer the appointed sacrifices \* and put your trust in the LORD.
- 6 Many are saying, "Oh, that we might see better times!" \* Lift up the light of your countenance upon us, O LORD.
- 7 You have put gladness in my heart, \* more than when grain and wine and oil increase.
- 8 I lie down in peace; at once I fall asleep; \* for only you, LORD, make me dwell in safety.

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever.

Amen.

#### A Reading

Lord, you are in the midst of us, and we are called by your Name: Do not forsake us, O Lord our God. *Jeremiah 14:9,22 People* Thanks be to God.

Silence

#### Hymnal 24

- 1 The day thou gavest, Lord, is ended, the darkness falls at thy behest; to thee our morning hymns ascended, thy praise shall sanctify our rest.
- 2 We thank thee that thy church unsleeping while earth rolls onward into light, through all the world her watch is keeping, and rests not now by day or night.
- 3 As o'er each continent and island the dawn leads on another day, the voice of prayer is never silent, nor dies the strain of praise away.
- 4 So be it, Lord; thy throne shall never, like earth's proud empires, pass away: thy kingdom stands, and grows forever, till all thy creatures own thy sway.

Into your hands, O Lord, I commend my spirit; For you have redeemed me, O Lord, O God of truth. Keep us, O Lord, as the apple of your eye; Hide us under the shadow of your wings

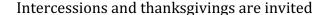
Lord, have mercy. *Christ, have mercy*. Lord, have mercy

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.

Lord, hear our prayer; And let our cry come to you. Let us pray.

Look down, O Lord, from your heavenly throne, and illumine this night with your celestial brightness; that by night as by day your people may glorify your holy Name; through Jesus Christ our Lord. *Amen.* 

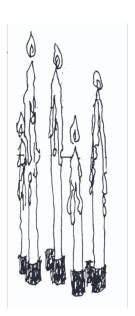
Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. *Amen.* 



All Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

In Easter season Alleluia, alleluia, alleluia

All Lord, you now have set your servant free to go in peace as you have promised; For these eyes of mine have seen the Savior,



Whom you have prepared for all the world to see: A light to enlighten the nations, And the glory of your people Israel.

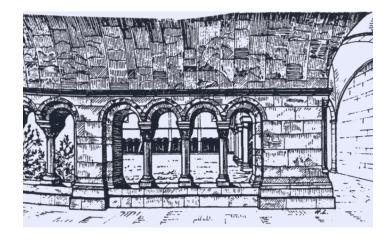
Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

In Easter season Alleluia, alleluia, alleluia
Let us bless the Lord.
Thanks be to God.

Officiant: The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us. Amen.

And all shall be well and All manner of thing shall be well When the tongues of flame are infolded Into the crowned knot of fire And the fire and the rose are one.





Think of the Office as part of a system of prayer—the other elements are weekly Eucharist and Reflection, which may include personal prayer. Eucharist and Office form the ground out of which your personal prayer—which is truly individualistic and fed by your personality—is based. Strengthening one element strengthens the others.

Michelle Heyne, In Your Holy Spirit: Traditional Spiritual Practices in Today's Christian Life

## Morning Prayer

#### The Feast of Mary Magdalene

#### The Invitatory

Officiant Lord, open our lips.

*People* And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Except in Lent, add Alleluia.

#### **Psalm**

- +Beginning on the side of the Officiant
- +A distinct pause is made at the asterisk

#### 116 Dilexi, quoniam

- 1 I love the LORD, because he has heard the voice of my supplication, \* because he has inclined his ear to me whenever I called upon him.
- 2 The cords of death entangled me; the grip of the grave took hold of me; \* I came to grief and sorrow.
- 3 Then I called upon the Name of the LORD: \* "O LORD, I pray you, save my life."
- 4 Gracious is the LORD and righteous; \* our God is full of compassion.
- 5 The LORD watches over the innocent; \* I was brought very low, and he helped me.
- 6 Turn again to your rest, 0 my soul. \* for the LORD has treated you well.
- 7 For you have rescued my life from death, \* my eyes from tears, and my feet from stumbling.
- 8 I will walk in the presence of the LORD \* in the land of the living.
- 9 I believed, even when I said, "I have been brought very low." \* In my distress I said, "No one can be trusted."

- 10 How shall I repay the LORD \* for all the good things he has done for me?
- 11 I will lift up the cup of salvation \* and call upon the Name of the LORD.
- 12 I will fulfill my vows to the LORD \* in the presence of all his people.
- 13 Precious in the sight of the LORD \* is the death of his servants.
- 14 O LORD, I am your servant; \*
  I am your servant and the child of your handmaid; you have freed me from my bonds.
- 15 I will offer you the sacrifice of thanksgiving \* and call upon the Name of the LORD.
- 16 I will fulfill my vows to the LORD \* in the presence of all his people,
- 17 In the courts of the LORD'S house, \* in the midst of you, O Jerusalem. Hallelujah!

At the end of the Psalms is sung or said

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

## Reading

The Word of the Lord.

Answer

Thanks be to God.

Silence may be kept

## **The Prayers**

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

#### Hymnal 287

4. O blest communion, fellowship divine!
We feebly struggle, they in glory shine yet all are one in thee, for all are thine. Alleluia, Alleluia!

- 5. And when the strife is fierce, the warfare long, steals on the ear the distant triumph song, and hearts are brave, again, and arms are strong.
  Alleluia, Alleluia!
- 6. The golden evening brightens in the west; soon, soon to faithful warriors cometh rest; sweet is the calm of paradise the blest. Alleluia, Alleluia!

7. But lo! there breaks a yet more glorious day; the saints triumphant rise in bright array;

the King of glory passes on his way.
Alleluia, Alleluia!

8. From earth's wide bounds, from ocean's farthest coast, through gates of pearl streams in the countless host, singing to Father, Son, and Holy Ghost: Alleluia, Alleluia!

Almighty God, whose blessed Son restored Mary Magdalene to health of body and of mind, and called her to be a witness of his resurrection: Mercifully grant that by your grace we may be healed from all our infirmities and know you in the power of his unending life; who with you and the Holy Spirit lives and reigns, one God, now and for ever. Amen.

#### Intercessions and thanksgivings are invited

Let us bless the Lord. *Thanks be to God.* 

From Easter Day through the Day of Pentecost "Alleluia, alleluia" may be added to the preceding versicle and response.

The Officiant may then conclude with one of the following

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen.* 2 Corinthians 13:14



Give thanks to the LORD, for he is good, \* for his mercy endures for ever. (Ps 136)

An asterisk divides each verse into two parts for reading or chanting. In reading, a distinct pause should be made at the asterisk. Psalter p 583 BCP

## **Noon Prayers**

#### The Feast of Mary Magdalene

Officiant O God, make speed to save us. People O Lord, make haste to help us.

#### Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Except in Lent, add Alleluia.

#### Hymnal 286

- 1. Who are these like stars appearing, these, before God's throne who stand? Each a golden crown is wearing; who are all this glorious band? Alleluia! hark, they sing, praising loud their heavenly King.
- 2. Who are these of dazzling brightness, these in God's own truth arrayed, clad in robes of purest whiteness, robes whose luster ne'er shall fade, ne'er be touched by time's rude hand? Whence comes all this glorious band

5. These, like priests, have watched and waited, offering up to Christ their will, soul and body consecrated, day and night they serve him still. Now in God's most holy place blest they stand before his face.

#### Psalm 121 Levavi oculos

- 1 I lift up my eyes to the hills; \* from where is my help to come?
- 2 My help comes from the LORD, \* the maker of heaven and earth.
- 3 He will not let your foot be moved \* and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel \* shall neither slumber nor sleep;

- 5 The LORD himself watches over you; \* the LORD is your shade at your right hand,
- 6 So that the sun shall not strike you by day, \* nor the moon by night.
- 7 The LORD shall preserve you from all evil; \* it is he who shall keep you safe.

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever.

Amen.

#### A Reading

#### The Prayers

Lord, have mercy. *Christ, have mercy*. Lord, have mercy.

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Officiant Lord, hear our prayer;

People And let our cry come to you.

Officiant Let us pray.

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly city, where with the Father and the Holy Spirit you live and reign, now and for ever. *Amen*.

Free intercessions may be offered.

The service concludes as follows

Officiant Let us bless the Lord.

People Thanks be to God.

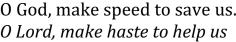


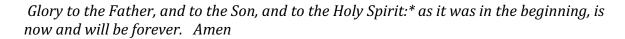
To worship is to quicken the conscience by the holiness of God, to feed the mind with the truth of God, to purge the imagination by the beauty of God, to open the heart to the love of God, to devote the will to the purpose of God. William Temple

### **Evening Prayer** The Feast of Mary Magdalene

#### **Contemplative Preparation** A time of brief silence, stillness and centering;

O God, make speed to save us. O Lord, make haste to help us





#### O Gracious Light O gracious light,

pure brightness of the everliving Father in heaven, O Jesus Christ, holy and blessed! Now as we come to the setting of the sun, and our eyes behold the vesper light, we sing your praises, O God: Father, Son, and Holy Spirit. You are worthy at all times to be praised by happy voices, O Son of God, O Giver of Life, and to be glorified through all the worlds



#### Psalm 149 Cantate Domino

+Beginning on the side of the Officiant +A distinct pause is made at the asterisk

1 Hallelujah! Sing to the LORD a new song; \* sing his praise in the congregation of the faithful.

2 Let Israel rejoice in his Maker; \* let the children of Zion be joyful in their King.

3 Let them praise his Name in the dance; \* let them sing praise to him with timbrel and harp.

4 For the LORD takes pleasure in his people \* and adorns the poor with victory.

5Let the faithful rejoice in triumph; \* let them be joyful on their beds.

6 Let the praises of God be in their throat \* and a two-edged sword in their hand;

7 To wreak vengeance on the nations \* and punishment on the peoples;

8 To bind their kings in chains \* and their nobles with links of iron;

9 To inflict on them the judgment decreed; \* this is glory for all his faithful people. Hallelujah!

At the end of the Psalm is said Glory to the Father, and to the Son, and to the Holy Spirit:\* as it was in the beginning, is now and will be forever. Amen

#### Reading

After The Word of the Lord
Thanks be to God
Silence

#### The Prayers

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.



#### The Collect

Almighty God, whose blessed Son restored Mary Magdalene to health of body and of mind, and called her to be a witness of his resurrection: Mercifully grant that by your grace we may be healed from all our infirmities and know you in the power of his unending life; who with you and the Holy Spirit lives and reigns, one God, now and for ever. Amen.

#### Hymnal 24

1 The day thou gavest, Lord, is ended, the darkness falls at thy behest; to thee our morning hymns ascended, thy praise shall sanctify our rest.

2 We thank thee that thy church unsleeping while earth rolls onward into light, through all the world her watch is keeping, and rests not now by day or night.

3 As o'er each continent and island the dawn leads on another day, the voice of prayer is never silent, nor dies the strain of praise away.

4 So be it, Lord; thy throne shall never, like earth's proud empires, pass away: thy kingdom stands, and grows forever, till all thy creatures own thy sway.

Invite intercessions and thanksgivings

Let us bless the Lord *Thanks be to God*